Zana Mathuthu

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**PROFESSIONAL SUMMARY**

I am eager to do great work for patients and residents, as a certified nursing assistant. I have experience executing strong judgement in high stress situations, and I bring 100% to the table when I work, because all lives matter. I have experience supporting severely vulnerable geriatrics patients and those disabled due to diabetes. I am open to evening, overnight, and weekend shifts.



**WORK EXPERIENCE**

**Nazareth Hospital**

**CNA**

Centennial Healthcare & Rehabiliation - Philadelphia, PA 10/2023

* For clinical experience, my class of 12 worked with residents at a 180 bed post-hospital rehabilitation facility. I was on the 4th floor caring for long-term stay residents.

**CNA & Direct Care Worker**

Triple C Home Care - Philadelphia, PA 06/2023-Present

* Proving total wrap-around personal care as well as emotional support when matched with a client.
* Helping patients perform ADLs: cleaning beds, making food, transport, overall cleanliness, medication reminders, etc.
* Supporting adolescents as well as elderly clientele.
* Signing client up for free weekly meals, transportation services, and other government subsidies so that the client is sable to live as enriching a life as possible although disabled later in life.
* Collaborating almost weekly with each client’s case manager, assigned nurse, dietician, and encompassing care team of 7-8 doctors to ensure patient is supported on all ends and able to improve.
* Supporting evening and weekend shifts.
* Successfully improving outcomes that exceed the benchmarks in quality for a man entering stage 5 kidney cancer.

**CNA**

Triple C Home Care – Philadelphia, PA 05/2023- Present

* Supporting a recent amputee male patient with severe physical need as well as mental. One leg, no feet.
* Successfully scheduled and maintained contact with 7 of this patient’s doctors and specialists to support patient’s care and recovery wholeheartedly.
* Set the appointments, attended appointments and follow ups, and articulated concerns and needs to each specialist, and most importantly advocated to ensure patients received the care they needed within weeks, connecting patient clients with the appropriate specialists.
* Overseer and authorized representative of two patients to help with coordination of services, and supporting 4 total patients.
* Supported a young woman with mental health, physical health and dietary complexities that rendered her bedridden – interactions between us improved her mental health state, which provided slight health improvement.
* Assisting with almost all of their ADLs due to the severity of their condition and those of others I oversaw.

**CNA**

Countrywide Home Care - Philadelphia, PA 07/2021-05/ 2023

* Supporting a stage 4 client with diabetes and bipolar disorder.
* Patient switched companies due to company communication issues, so I transferred with this patient to another organization.

**Business Development Associate**

Intercom Staffing 02/2018-Present

* Supported the healthcare staffing industry by promoting and introducing health certified talent to hiring managers at a myriad of facilities.
* Managed the full cycle recruiting process of open orders: Sourcing, Screening, Interviewing, Placement, & Retention.
* Executed recruiter functions weekly, with the difference being that people couold look to me for training, support, and guidance navigating clients and human resources teams.
* Met weekly with C-suite executives and hiring managers, with a strong focus on small to mid-size businesses.
* Supported healthcare staffing as a sales/account grower as well as helping out on the recruiting end when clients needed all hands on deck to stay in compliance with patient to staff headcount.

**Additional Job Roles:** Staffing Manager, Robert Half International 2012, Personal Care Technician, Business Development Manager, Apidel Technologies 2014-2017, Account Manager, Delta T-Group 2013-2014, Benefits Consultant, Colonial Life – CitiFreedom 2021-2022



**EDUCATION**

**BA Business & Economics**

Ursinus College - Collegeville, PA 08/2008-05/2012

**Certified Nursing Assistant**

Philadelphia Academy for Nurse Aide Training (P.A.N.A.T) Philadelphia, PA 10/2023

**CPR Certified**  10/2023

P.A.N.A.T – Philadelphia, PA

**Basic Life Support (BLS)** *for Healthcare Providers* - Certified 10/2023

P.A.N.A.T – Philadelphia, PA

**8 Hours of Alzheimer’s and Dementia Training** 10/2023

P.A.N.A.T – Philadelphia, PA



**SKILLS**

**Nursing:** Certified Nursing Assistant (CNA), CPR Certified (2023), Basic First Aid, Recording Manual Blood Pressure, Using Transfer Belts, Mouth Care, Foot Care, Bedside Monitoring, Patient Education, Strong command of Medical Terminology and Abbreviations, BLS, Taking vital signs and performing analysis, Meticulous Note Taking

**Technical:** Advanced Microsoft Office Suite, Salesforce and other CRM Databases for sales and recruiting, Talent Management, Anticipating patient needs